



Cornerstone Center for Early Learning Respiratory Illnesses Updates (9/13/24)

VACCINATIONS

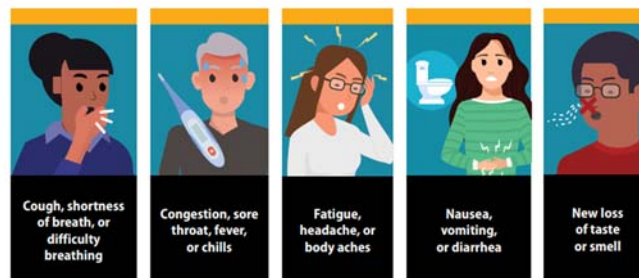
- All children 6 months or older can now be vaccinated against COVID-19 and influenza.
- CCEL strongly encourages all families to consider the Covid and influenza vaccines for any child/ren however will not be mandating the vaccine for children.
- CCEL will continue to encourage the vaccine and booster for all staff or volunteers. It is our goal to keep everyone at CCEL safe and healthy!
- Should you have questions about the vaccine, please contact the [St. Louis City Health Department](mailto:health@stlouis-mo.gov) at (314) 657-1499 or health@stlouis-mo.gov.

MASKING INSIDE

- Cornerstone Center has a mask optional policy. This means it will be at the discretion of each adult whether to wear a face mask.
- Anyone with a known Covid exposure should wear a face mask for 10 days following the exposure.
- Masking indoors is subject to change based on case numbers or surges in illness.

EXCLUDING FROM CARE

Know the symptoms of COVID-19, which can include the following:



An individual experiencing 2 or more symptoms listed above must receive a negative test result to return to Cornerstone Center

IF CHILD/STAFF TESTS POSITIVE FOR COVID, INFLUENZA, OR RSV

- In the event of a positive test of a staff member or child, all caregivers and staff will be notified.
- If an individual gets sick with a respiratory illness (including, but not limited to, COVID-19, influenza, or RSV), they should stay home and away from others while they are experiencing symptoms. They can return to school when they haven't had a fever (99°F measured under the arm) and are no longer experiencing any other symptoms without using any medicine **for a period of at least 24 hours, provided they are able to participate fully** in our active educational program.

Adults are encouraged to mask for 5 days after becoming symptom-free and fever-free per [CDC respiratory virus guidelines](#).

Respiratory Virus Guidance Snapshot

The infographic is divided into two main sections: 'Core Prevention Strategies' and 'Additional Prevention Strategies'. The 'Core' section includes five panels: Immunizations (a woman with a stethoscope), Hygiene (two people washing hands), Steps for Cleaner Air (a window with a plant and a purifier), Treatment (an elderly man on a phone with a pill bottle), and Stay Home and Prevent Spread* (a woman in bed). The 'Additional' section includes three panels: Masks (a woman wearing a mask), Distancing (two people with a distance arrow), and Tests (a woman getting a nasal swab). A large orange box on the right provides specific guidance for returning to school, including a 24-hour fever-free period and a 5-day precaution period. The CDC logo is in the bottom right corner.

Core Prevention Strategies

- Immunizations
- Hygiene
- Steps for Cleaner Air
- Treatment
- Stay Home and Prevent Spread*

Additional Prevention Strategies

- Masks
- Distancing
- Tests

***Stay home and away from others until,**

- Your symptoms are getting better **and** You are fever-free (without meds)

for 24 hrs

Then take added precaution for the next 5 days

CDC

Layering prevention strategies can be especially helpful when:

- ✓ Respiratory viruses are causing a lot of illness in your community
- ✓ You or those around you have risk factors for severe illness
- ✓ You or those around you were recently exposed, are sick, or are recovering